

Flash in the Pan

Banana Rum Fish

Sautéed Fish Served with a Banana Rum Sauce\$21.95

CBCG's Penne

Penne Pasta Tossed with Tomatoes, Spinach, Peppers,
with Garlic and Olive Oil or Cream Sauce\$13.95
Add Grilled Chicken 16.95
Add Grilled Shrimp 18.95

CBCG's Crab Cakes

Sautéed Lump Crabcakes Served with Avocado Compote\$21.95

Coconut Curry Beef

Stewed Beef Simmered with Coconut Milk and Curry Sauce\$16.95

Fish Escovich

Catch of the Day Sautéed with Onions, Peppers,
Hot Peppers, and a Sweet Vinegar Sauce market price

Shrimp Escovich

Shrimp Sautéed with Onions, Peppers, Hot peppers in
a Vinegar Sauce.\$18.95

Sautéed Seafood Linguini

Shrimp, Crabmeat and Fish Sautéed with Tomatoes, Spinach,
Garlic and Olive Oil tossed with Linguini Pasta\$20.95

Jerk Chicken Rasta Pasta

Tri-colored Rotini tossed with Jerk Chicken Breast, Peppers,
Onions, Tomatoes and CBCG's Jerk Sauce\$16.95

Trinidadian Chicken Curry

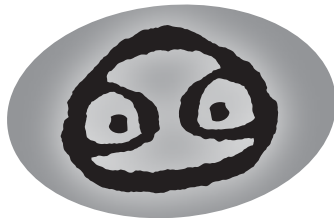
Boneless Breast of Chicken Sautéed in
Trinidadian Curry Sauce\$16.95

Seafood Curry

Shrimp, Scallops, Mussels and Fish Sautéed in a Spicy or
Mild Curry Sauce\$21.95

Seafood Creole

Shrimp, Scallops, Mussels, Clams and Fish Sautéed in
Our Creole Sauce, Served Spicy or Mild\$22.95



Burgers and Sandwiches

*100% Black Angus Beef Served with Hand Cut Fries or Sweet Potato
Fries and Coleslaw*

Cheese Burger

With lettuce, tomato, and sliced onion \$8.95

Hamburger

With lettuce, tomato, and sliced onion\$7.95

Jalapeño Burger

With Jack cheese, grilled jalapeño and Creole sauce \$8.95

Bacon Cheddar Burger

With grilled onion, bacon, cheddar and BBQ sauce \$9.95

Jerk Burger

Seasoned ground beef topped with cheddar cheese
and jerk mustard \$8.95

Chicken Finger Sandwich

With lettuce and tartar sauce \$8.95

Grilled Chicken and Avocado

With pineapple salsa \$9.95

BBQ Chicken

Cheddar cheese, bacon and BBQ sauce \$9.95

Jerk Chicken

Seasoned chicken breast with jerk sauce, lettuce and tomato ... \$8.95

Jerk Pork

Spicy or mild with coleslaw \$8.95

BBQ Pork

Spicy or mild with coleslaw \$8.95

Grilled Vegetable

With tomato, lettuce and balsamic vinaigrette \$9.95

Chili Relleno

Topped with tomato mole and jack cheese \$8.95

Crab Cake

On a bun with lettuce and tartar sauce \$12.95

Grilled Shrimp

Mango salsa and lettuce \$10.95

Grilled Fish

With tartar and lettuce \$12.95

Fried Fish

With tartar and lettuce \$12.95

Fried Shrimp

With tartar and lettuce \$12.95

CINNAMON BAY



CARIBBEAN GRILL

7601 Long Beach Blvd.
Harvey Cedars, NJ

609-361-CBCG

www.cinnamonbaycaribbeangrill.com

Dine-In • Takeout
Delivery

The Season
May, June, Sept., Oct. Thursday thru Sunday
July, August Open 7 Days a Week

Reservations Accepted
Takeout and Delivery Available

CBCG Brings Authentic Caribbean Grill to LBI using the Finest, Freshest Meats, Fish and Vegetables!

Appetizers

Jerk Chicken Wings	\$8.95
Bahamian Conch Fritters Lime Cilantro Tartar Sauce or Chili Sauce	\$11.95
Vegetable Empanadas with Mango Chutney	\$8.95
CBCGs Curry Crab Cakes Lime Cilantro Tartar Sauce	\$9.95
Coconut Shrimp Golden Fried, served with Jamaican Sweet & Sour Barbecue Sauce	\$10.95
CBCGs Sampler Platter 2 Coconut Shrimp, 1 Curry Crabcake, 2 Empanadas, 2 Conch Fritters, 4 Chicken Wings	\$14.95
Soup du Jour	\$4.95
White Clam Chowder	\$5.95
Fried Calamari Served with Spicy Chili Sauce and Lime Cilantro Tartar	\$8.95
Chili Shrimp Fried Shrimp Tossed in Spicy Chili Sauce	\$8.95
Golden Fried Shrimp Served with Tartar or Chili Sauce	\$9.95
Peel Your Own Shrimp Served Warm or Chilled with Chili Cocktail Sauce	\$8.95
Steamed Mussels With Wine, Lemon or Spicy Chili Broth	\$8.95
Steamed Clams Top Knecks Steamed in Wine, Lemon or Spicy Chili Broth	\$8.95
Chili Relleño Roasted Poblano Chili Grilled with Jack Cheese and Baked in a Tomato Molé	\$8.95

Salads

CBCG's House Salad Mixed Greens, Tomatoes, Mangoes, Onions, and Honey Dijon Dressing	\$5.95
Tropical Fruit Salad Pineapples, Mangoes, Papayas Over Mixed Greens Tossed with Coconut Vinaigrette	\$9.95
Jerk Chicken Salad Grilled Seasoned Chicken Breast Over Mixed Greens with Fresh Fruit and Mango Vinaigrette	\$12.95
Grilled Shrimp Salad Grilled Marinated Shrimp with Mixed Greens, Tropical Fruit and Mango Vinaigrette	\$13.95

Entrees

*Entrees and Golden Fried Served With CBCG's Hush Puppies and a
Choice of Two Sides (Coleslaw, Hoppin' Johns, Jersey Corn, Fries,
Vegetable of the Day)*

Add Soup or House Salad for \$3.95

Grilled Chicken Breast Served with Pineapple Salsa	\$16.95
St. Johns Sweet 'n Spicy Combo Fried Shrimp & Calamari Topped with Fried Sweet & Hot Peppers and Liz's Sweet 'n Spicy Sauce	\$17.95
Baby Back Ribs Full Rack of Seasoned Ribs Brushed with CBCG's Own Sauce	\$21.95
Half Rack o'Ribs	\$15.95
Jerk Chicken Half Chicken Grilled with Jerk Spice	\$16.95
Barbecued Half Chicken Served Mild or Spicy	\$16.95
Skewered Shrimp With Pineapple Salsa	\$18.95
Grilled Skirt Steak Served with Red Onion Mojo	\$26.95
Jerk Pork Seasoned Slow Cooked Pork Butt Shredded and Smothered in Your Choice of Sauce	\$16.95
Catch of the Day Seasoned and Prepared Grilled or Broiled	Market Price
BBQ Beef Brisket Slow Cooked, Sliced Beef Brisket with Your Choice of Sweet or Spicy BBQ Sauce	\$16.95
Beef Short Ribs Falling off the Bone, Brushed with Sweet or Spicy BBQ Sauce	\$18.95
Ribeye Steak Dry Rubbed with Our Own Secret Spice Blend... Grilled to Perfection!	\$28.95
BBQ Pork Seasoned, Slow Cooked Pork Butt Served with Your Choice of Sweet or Spicy BBQ Sauce	\$16.95

Combination Platters

Chicken & Ribs Boneless Barbecue Chicken Breast and Half Rack of Ribs	\$21.95
Chicken and Shrimp Boneless Barbecue Chicken Breast with Skewered Shrimp	\$18.95
Chicken and Fish Barbecued Breast of Chicken with Catch of the Day	\$23.95
Grilled Fish and Shrimp Catch of the Day and Grilled or Fried Shrimp	\$23.95
Jerk Combination Jerk Chicken and Jerk Pork Combination	\$16.95
Skirt Steak and Shrimp Grilled Skirt Steak with Red Onion Mojo and Fried or Grilled Shrimp \$29.95	
Shrimp & Ribs Half Rack of Ribs with Grilled or Fried Shrimp	\$21.95

Golden Fried

Fried Shrimp small \$12.95 large \$17.95	
Fried Fish Catch of the Day	Market Price
Chicken Fingers	\$9.95

Sides

Jersey Corn on the Cob	\$1.95
Fried Plantains	\$4.95
Garlicky Spinach Sautéed with Garlic and Oil	\$6.95
Hoppin' Johns	\$2.95
Macaroni & Cheese	\$5.95
Sweet Potato Fries	\$3.95
Vegetable of the Day	\$3.95
Hand-Cut Fries	\$3.95

Drinks

Bottled Water • Fountain Soda
Fresh Frozen Fruit Drinks (non-alcoholic)
Our selection of frozen drinks is based on the availability of seasonally,
fresh fruit.
Ask your server about today's specialty frozen drink.